

# Newmarket Cardiology Clinic

535 Mulock Dr., Suite 204, Newmarket, ON L3Y 5H2  
T: 289-366-4578 • F: 289-366-1611  
info@ncclinic.ca

*Patient Label*

Appointment: \_\_\_\_\_

**CARDIAC WORK-UP**

**CARDIOLOGY CONSULT**

ECG

Holter  
 24H     48H  
 72H     14D

Echocardiogram

Stress Echo

Stress Testing

24H Blood Pressure (NON-OHIP)

consult only if test abnormal

**CLINICAL INFORMATION:**

*(Please include all relevant notes and test results with this referral)*

\_\_\_\_\_  
Physician Signature

\_\_\_\_\_  
Date

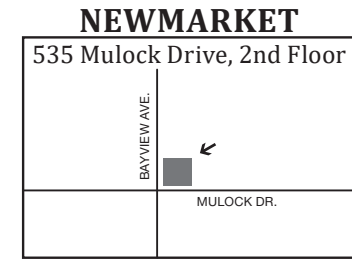
\_\_\_\_\_  
Print Name & OHIP Billing No.

\_\_\_\_\_  
Copy to

*This requisition form can be taken to any licensed facility providing healthcare services including hospitals and IHF's. **Please see map and preparation on the back.***

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## CARDIAC DIAGNOSTICS STRESS and ECHO STRESS TESTING

- Allow 60 minutes; expect to walk on the treadmill for about 6 to 12 minutes.
- Wear comfortable clothing and foot wear.
- Do not eat a large meal 2 hours before your test.
- Check with your doctor to see if you should stop your medications prior to the test.
- Do not work out the same day as your test.
- If you have difficulty walking, please let the staff know.

### ECHOCARDIOGRAM

- If you prefer a female technologist, please confirm with the staff before you arrive.

### HOLTER AND BLOOD PRESSURE MONITORING

- Allow 20 minutes to attach.
- The recording device is returned on the date specified.
- Please check with staff about whether or not you are able to shower while wearing the device.
- Wear the device continuously.
- The blood pressure monitor is not covered by OHIP – a fee will be charged at the time of set up.

*Child care is required during examinations.*

*Please arrive 10 minutes prior to your appointment and bring your Health Card and this form.*

*Please provide 24 hours' notice if you are unable to keep your appointment.*

*We are a scent free office.*